



Julia

Interests: playing sports, reading, being outside

This is how I learn..... my strengths

- Organized – I always write in my agenda so that I can remember my due dates and complete homework on time
- Attention – I am able to focus on lessons, especially if they interest me
- Independence – I enjoy getting started on a task and working to complete it
- Real world application – I learn better when subjects or concepts are applied to the real world
- Visual learner – I am excellent at remembering things when I am able to see it
- Hands-on lessons – I learn best by doing
- Leadership – I am a strong leader
- Perseverance – I never give up!

This is what I have difficulty with.....

- Confidence – I don't always believe that I can do the work (sometimes I get very nervous because I'm afraid I won't do it right)
- Processing speed – I need a little longer to think about what I want to share
- Following instructions – I have a harder time remembering the steps when I'm given instructions
- Asking for help – sometimes I am not sure how to ask for help or I'm not sure what might help me
- Taking notes – I have a harder time when I have to write my own notes
- Working memory – I do not always remember everything we learn each day

This is what helps me...

In class:

- Please seat me closer to the board because I can get distracted
- I need photocopied notes from the board
- Check in with me to make sure I understand
- Work with me as a small group
- Break down instructions into smaller chunks and make sure I understand them
- Keep one of my pencils in your drawer for emergencies
- Remind me of due dates
- Provide me with visuals to support what you are saying

For homework & assignments:

- I will need to break long, written assignments into smaller sections
- I may need more time to complete my work
- I will need reminders for assignments and homework
- I will need to use my computer whenever possible
- I will need you to help me manage my time on a big assignment
- Please stay positive with constructive feedback
- If my work is incomplete, please don't assume I am being lazy
- Being able to use my script or cue cards so that I do not have to memorize

For tests:

- I will need a study guide to know what to focus on
- Please provide a word bank whenever possible
- Check in during the test to make sure I'm on the right track
- Make sure the first few questions on the test are questions I'll be able to answer
- When the test has been marked, please celebrate my accomplishments
- For math tests please give me an example of how each type of question is done
- Let me use a calculator when you're not assessing my addition/subtraction skills

Pursuing Potential